# Adult Learning Systems-Lower Michigan

WINTER (JAN-MARCH) 2021 2ND QUARTER



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Think Spring! The weather is quickly changing in Michigan. Sunny skies and longer days are upon us. We hope you enjoy this edition of our newsletter.

Direct Care Workers of the Quarter

### 2020 DCW of the 1st Quarter Winners

### Amber Driver (Washtenaw)



### Sarah Shumpert (Macomb)



### Nakesha Robinson (Macomb)



Please don't forget to nominate your favorite Direct Care Worker of the quarter! (an email will be sent at the beginning of each quarter as a reminder.)

We do this each quarter and need your help in choosing our winners. Anyone, not just managers, can nominate a worker. Two nominees will be selected from Macomb county, and one will be selected from the rest of the counties combined.



# 2020 Manager of the 1st Quarter Winner

## **Ist Quarter (Oct-Dec 20)**

# Donna Nickens (Macomb) Trombley Group Home



### **CEO Corner**

#### Sherri L. Turner

- Spring is just around the corner and we look forward to sunny days ahead in Michigan. During the past two months, our focus has remained with keeping our staff and consumer staff. Thank you to all the staff for the hard work you perform on a daily basis.
- As we begin to see the positive COVID-19 cases decrease, we also continue to stay abreast of the Emergency Orders that were in place and effected many aspects of our residential homes. Testing in our homes is not mandatory. ALS-LM is licensed under the Adult Foster Care rules for 6 or fewer consumers, therefore, we are not required to test visitors, staff, or consumers on a weekly basis.
- In the next few months, we will be working towards our CARF survey preparation, as well as opening a new adult foster care home in Northern Macomb County (Washington TWP) called Deerwood. Any staff how would like to be a part of the "transition staffing" during the first 60 days, please contact Tracie Shier or Rachelle Boykins. MCCMH has not identified consumers for this home, but will once the initial license is obtained by ALS-LM through the Adult Foster Care Licensing Division.

Again, thank you for all your do to make ALS-LM successful. We truly appreciate your dedication, teamwork, and outstanding performance!

## **Macomb CLS Program Closure**



On February 28, 2021, ALS-LM performed our final services to over 28 consumers living in the Aspen Creek Apartments who received Community Living Services.

ALS-LM provided services for over 25 years. We've experienced many changes with the CLS program, from the transition from a SIP program to the transition to an hourly service. However, we also had the pleasure to see many consumers grow and continue to live in their own apartments.

It was a privilege providing services to such a wonderful group of consumers. We wish them the best of luck in the future with the new service provider and encourage them to continue to live as independently as possible within their community.

They say a picture is worth a thousand words. Each year the highlight of our Winterfest was the dancing portion of our event. The consumers from the Macomb CLS were always the first and last on the dance floor. We aren't saying good bye to the Macomb CLS consumers.....we will see you again on

the dance floor.!

# **COVID-19**



### To help prevent the spread of COVID-19, everyone should:

- Clean your hands often, either with soap and water for 20 seconds or a hand sanitizer that contains at least 60% alcohol.
- Avoid close contact with people who are sick.
- Put distance between yourself and other people (at least 6 feet).
- Cover your mouth and nose with a mask when around others.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces daily.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



# **COVID Vaccine Clinics**

ALS-LM has conducted over 44 Covid-19 Vaccine clinics at our residential homes. While this has been an enormous tasks to coordinate, we are pleased to announce over 70% of the consumer population 40% of our staff are vaccinated. Vaccines are still available and encourage both consumer and staff to consider the vaccine, but understand the vaccine is NOT MANDATORY. If anyone is interested, please read the below information or contact your immediate supervisor with any questions regarding the vaccine.

#### Those eligible to receive a vaccine should:

- Check the website of the local health department or hospital to find out their process or for registration forms; or Check additional vaccination sites, such as local pharmacies like <u>Meijer</u>, <u>RiteAid</u> or Cardinal Health (U.P. residents); or
- Residents who don't have access to the internet or who need assistance navigating
  the vaccine scheduling process can call the COVID-19 Hotline at 888-535-6136 (press 1),
  Monday through Friday from 8 a.m. to 5 p.m., Saturday and Sunday, 8 a.m. to 1 p.m. or can
  call 2-1-1.

#### Information about the vaccine

Michigan residents seeking more information about the COVID-19 vaccine can visit

Michigan.gov/COVIDvaccine





ALS-LM received several donations over the last few months. Every donation of time, money, materials and/or service contributes to the quality of life for the individuals we serve. As you know, ALS-LM is a non-profit organization and relies of the kindness and generosity of people in the community.

## **Adult Learning Systems LM thanks you!**

- Kim Horton
- Michelle Davis
- Brian Davis
- Sandy Bradley
- Amanda Abernathy





If you, or someone you know, would like to make a donation, please contact the main office. (donations are tax deducible)

- \* alsImgeneral@als-Im.org
- \* 734-408-0112

# **Anniversary Recognitions**

#### January 2021

Megan McIntosh 4 Years

Vincent Stackhouse 22 Years

Kimberly Reaume 5 Years

Rachel MacGregor 2 Years

Carol Szymczak 17 Years Sarah DeJarnette

Karlos Warren 19 Years

9 Years

#### February 2021

Sherri Turner 26 Years

Angel Price 4 Years

Tressie Jackson 22 Years

Laure Cunningham 9 Years

> James Mitchell 12 Years

Cynthis Hardyway
10 Years

Belita Marlin-Wells 2 Years

Debra Waldeck
14 Years

Christy Minor 2 Years

Christina Cooper 2 Years

Andrea LaParl 8 Years

#### February 2021 Cont.

Shawntaja Purry 1 Year

Tina Stevenson
5 Years

Kelli Crossland 8 Years

Amanda Beresowskyj 1 Year

> Donna Nickens 2 Years

Raven Wood 4 Years

Davana Bellamy 7 Years

#### **March 2021**

Laurie Daniels
1 Year

Colleen Goldstein 15 Years

> Janice Cooper 27 Years

Chasity Pulford 2 Years

Shirley Cooper 14 Years

Sonnsearray Johnson 2 Years

> Barbara Riggle 1 Year

Canisha Moore 8 Years

Darius Banks 10 Years

Dionne Ward 2 Years Daziah Keith

1 Year





# All Around ALS-LM

#### **CARF Survey Delayed!**

The Commission on Rehabilitation Facilities is our accrediting body for our licensed residential programs. ALS-LM currently holds a 3-year accreditation under the Employment and Community Services CARF Manual for Community Housing.

Although we haven't received a confirmation of the exact date for our CARF survey, we know the resurvey will be in October or November 2021 due to the backlog of services because of COVID-19 pandemic

#### Things we will continue to do to prepare:

- Make sure emergency drills are completed.
- Make sure all annual inspections are up to date
- Progress notes are completed timely and accurately

# **Spring Reminders**

Spring is coming. Are your vehicles ready? Now is the time to make sure you are set for spring.

- Check battery
- ♦ Check the tire pressures
- Check your fluids & wiper blades
- ♦ Check air filter
- Check to see if an oil change is due



# **Giving Back**

Adult Learning Systems-Lower Michigan (ALS-LM) has partnered with Amazon Smile! In order to browse or shop at Amazon Smile, you must first select ALS-LM as your charitable organization. For all eligible purchases at Amazon Smile, the Amazon Smile Foundation will donate 0.5% of the purchase price back to ALS-LM.

You can support ALS-LM while you're shopping by clicking on this link <a href="https://smile.amazon.com">https://smile.amazon.com</a>. The Participants of ALS-LM will receive a small percentage of all purchases you make through Amazon!



# All Around ALS-LM Continued

### **Bayridge**

Consumer Patricia made a cheesecake for the home. It took her 5 hours and all the ladies were eager to try it. She likes to do things like this to help her stay occupied during shelter orders and likes making a special dish for everyone. Great job Patricia. It looks delicious!







### **LeeLane**

Cardio Drumming Activi Cardio Drumming is a type of workout/activity that mixes a variety of standard cardio exercises with a fun and exciting drumming routine. It is a fun & easy activity to do with the participants. There are plenty of different levels to fit each individuals needs so anyone can do it!



